

Promoting Respect Curriculum

Raise awareness

- Exploring diversity
- Cultural differences
- Ethnic/racial differences
- Gender differences
- Mental differences
- Physical differences
- Religious differences
- Physical disabilities
- Gay orientation
- Lesbian orientation
- Personal preferences
- Prejudice
- Stereotypes
- Racism

Develop empathy

- Hate
- Knowing your feelings
- Identifying feelings
- Mixed feelings
- Changing feelings
- Owning feelings
- Feeling for others
- Taking perspective
- Understanding motives
- Predicting feelings
- Connecting to others
- Showing care
- Listening to others
- Body language

Promote assertiveness

- Asking questions
- Resolving conflict
- Expressing solidarity
- On-line tolerance
- Being assertive
- Stating a need
- Getting help
- Confronting behavior
- Confronting institutions
- Resisting harassment
- Standing up to hate

Mix and match

There are many ways to mix and match topics between and within the three groups. Time and facilities available will determine your best choice. There are enough topics for a full semester. We recommend an absolute minimum of two sessions, covering six topics, two from each group. You can assign the topics or let students choose ones that interest them, then report back. Budget three topics per period if students are working on their own, two per period if you're facilitating discussion. You may find students' discussion of these topics engaging and enlightening. That's good. But research clearly shows discussion doesn't necessarily change behavior. Keep the talking short and brisk. Trust the program to do the skill training students need to really build skills and change attitudes.